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your next purchase

{N}powerSM
by Natural Grocers



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Coupons



Personalized
Offers



Points



Clubs

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NATURAL GROCERS[®]

Weekly
January 2016

HOTLINE

WE SELL ONLY
ORGANIC
PRODUCE

ORGANIC D'ANJOU PEARS

\$1.49
per lb.

price valid until
1-9-16

USDA
ORGANIC

AT PRICES YOU
CAN AFFORD
EVERY DAY!

Only
Naturally-Raised, Grass-Fed
& Organic Meats

Mary's[®]
Non-GMO Boneless Skinless
Chicken Breasts

Free range - air chilled- no water
added-100% vegetarian fed - raised
without hormones or antibiotics -
Non-GMO



\$5.99
per lb.
EDAP *6.49 per lb.

Country Life[®]

Coenzyme
B-Complex
Caps

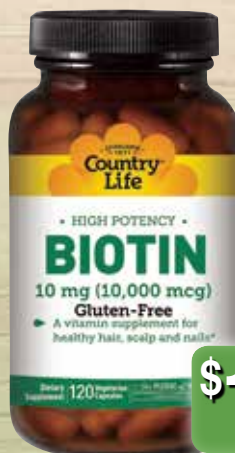
All of the
essential B
vitamins, in
their active,
"coenzymated"
forms for easy
utilization.*



\$14.79
120 vcap
EDAP *18.69

Biotin
10 mg

Promotes
the formation
of keratin,
essential
for healthy
skin, hair, and
nails.*



\$15.89
120 vcap
EDAP *19.59

Bulk DEPARTMENT
Organic Hulled Millet

Millet is a versatile grain with a mildly sweet,
nut-like favor. It contains a myriad of beneficial
nutrients, including magnesium.



USDA
ORGANIC

Organic Hulled
Millet
\$2.49
2 lb. bag

Nature's Way[®]

Alive! Liquid
Multi-Vitamin



Give yourself a
nutritional edge with
this comprehensive,
maximum potency
liquid multivitamin.*

Alive! Liquid
Multi-Vitamin

\$21.49
30 oz.
EDAP *23.39

Let them Graze!
We only sell
Pasture-based
Dairy

Anchor[®]
Pure

New Zealand Butters



Creamy, rich
flavor that only
comes from
butter made
with cream from
grass-fed cows.

\$2.79
8 oz.
EDAP *3.29



Solaray[®]
D-Mannose with
CranActin

\$18.89
60 vcap
EDAP *22.29

Support and maintain
urinary tract health
with D-mannose and
cranberry concentrate.*

CranActin
Cranberry Extract
Alcohol Free

\$19.29
120 cap
EDAP *22.55



Nature's Plus[®]
Red Yeast Rice
Extended Release

Help support
healthy cholesterol
levels with red
yeast rice.*



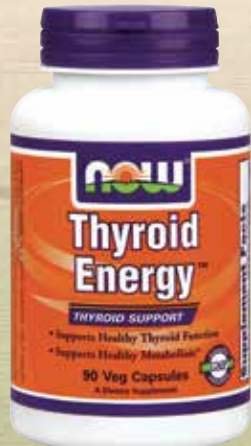
Red Yeast Rice
Extended Release

\$16.49
30 tab.
EDAP *19.35

NOW[®]

Thyroid Energy

A complete blend to
provide nutritional
support for healthy
thyroid function.*



Thyroid Energy

\$11.89
90 vcap
EDAP *15.09

NOW[®]

5-HTP
100 mg

Provides the
intermediate
metabolite for
the conversion of
L-tryptophan to
serotonin.*



\$19.69
120 vcap
EDAP *23.99



KeVita[®]
Sparkling Probiotic
Beverages

Light, refreshing and invigorating.

\$1.99
15.2 oz.
EDAP *2.59



USDA
ORGANIC

Garden of Life[®]

Vitamin Code RAW One
for Men or Women

Complete nutritional support in a
one-a-day formula for men and
women on the go! *



Vitamin Code
RAW One
for Men or Women

\$22.25
75 vcap
EDAP *24.99



Eat fat to lose weight?
Yes! Our bodies need
fat for optimal health
and a normal weight.
Learn how the ketogenic
diet can power up your
metabolism, boost your
energy, and allow you to
drop those extra pounds
with wholesome, natural
foods and healthy fats.

\$12.75
Paperback



Visit Us at NaturalGrocers.com

All items are available while supplies last. Offers end February 6, 2016 *Except where noted.
*These statements have not been evaluated by the FDA. These products are not intended to diagnose, treat, cure, or prevent any disease.



NATURAL GROCERS®

Derma-e®
Firming DMAE Moisturizer With Alpha Lipoic & C-Ester

Rich in moisture and nutrients, this nourishing crème contains ingredients shown to help support healthy collagen and elastin, addressing loss of elasticity.*

\$13.99
2 oz.
EDAP \$17.95

SkinnyPop®
Popcorn

Non-GMO, gluten-free premium popping goodness.

\$2.39
4.4 oz.
EDAP \$2.99

Barlean's®
Organic Lignan Flax Oil

Increase the nutritional value of your oatmeal, yogurt, salad dressings, or smoothies with flax oil! *

\$17.89
16 oz.
EDAP \$20.55

Alaffia®
Authentic African Black Soap

Authentic black soap is made from a centuries old recipe of handcrafted shea butter and West African palm kernel oil.

\$9.99
32 oz.
EDAP \$11.99
SAVE \$2

Nature's Plus®
Melatonin Spray
Peppermint

Melatonin helps to calibrate your internal clock, supporting healthy sleep. This spray makes it quick and easy to take.*

\$12.29
2 oz.
EDAP \$13.65

Tasty Bite®
Indian Entrée Pouches

Fresh vegetable and lentil Entrées deliver you centuries of taste in less than 60 seconds.

\$2.39
10 oz.
EDAP \$3.15

Natural Factors®
PGX Bonus Pack

Got a resolution to lose weight? PGX is a patented fiber complex that supports healthy weight by maintaining normal blood sugar and promoting a feeling of fullness. Try the softgels and granules with this bonus pack!*

\$39.99
120 softgels & 5.3 oz.
EDAP \$45.39

Bonus Pack

Garden of Life®
RAW Fit Protein
All Flavors

\$26.49
15 oz. - 16 oz.
EDAP \$35.49

Califia Farms®
Select Almondmilk Beverages

Raw, pressed California almonds create creamy, dreamy Almondmilk to be enjoyed morning, noon and night.

\$3.49
48 oz.
EDAP \$4.49
SAVE \$1

Solaray®

Organic Tart Cherry Juice Concentrate

A concentrated source of antioxidants, including anthocyanins that support vascular health, and a natural source of melatonin. *

\$17.19
16 oz.
EDAP \$20.15

Triple Strength Tart Cherry

The same benefits as tart cherry juice, concentrated in capsule form.*

\$20.29
90 vcaps
EDAP \$23.89

Justin's®
Nut butters made with sustainably-sourced Palm Fruit Oil.

Almond Butter Jars

\$9.29
16 oz.
EDAP \$12.99

Almond Butter Squeeze Packs

\$9.79
10-pack
EDAP \$12.99

Zevia®
Stevia Sweetened Zero Calorie Canned Sodas

\$3.99
6-pack
EDAP \$5.89

Arrowhead® Ozarka® Poland Spring®

Select Spring Waters

2/\$1
1 liter.
EDAP 79¢ - 89¢

selection will vary based on regional availability

Mainland®
Select New Zealand Cheese Blocks

\$3.25
7 oz.
EDAP \$3.79

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[EDAP]

EVERY DAY Affordable Price®

means you don't have to wait for the item to go on sale!

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